



International Semester

Pilot Programme for Occupational Therapy Bachelor Degree Programme Students

Programme - Spring Semester 2014

The International semester starts with an orientation from 29 to 31 of January 2014 and ends with a closing / feedback session from 26 to 27 of May 2014.

The study programme consists of three parts:

1. **Working internationally in Helsinki Metropolia (5 ects)**
 - a. Finnish for exchange students (3 ects)
 - b. International week: Creative Wellbeing (2 ects)
2. **Innovation project studies 1 and 2 (10 ects)**
3. **Professional development in occupational therapy (15 ects)**
 - c. Professional English in occupational therapy (3 ects)
 - d. Work placement 3 (12 ects)

Language of instruction

English

Enrolment

Application for incoming exchange students at www.metropolia.fi/exchange

Spring semester: 15 September – 1 November

Fees

No tuition fees for the partner university students

Information

www.metropolia.fi/exchange

Contact:

Jennie Nyman, jennie.nyman@metropolia.fi, Lecturer in Occupational Therapy DP

Eija Tamminen, eija.tamminen@metropolia.fi, International Coordinator

Address: Sofianlehdonkatu 5 B, 00610 Helsinki, Finland

International Semester - Occupational Therapy

Course descriptions

1. *Working internationally in Helsinki Metropolia (5 ects)*

XXXAB02 Finnish for Exchange Students, 3 ECTS

On completion of the course, the students are able to identify and use common Finnish words and grammatical structures, and cope in simple conversations in Finnish. They will also be familiar with features of Finnish culture.

Content: Finnish pronunciation, everyday conversations, basic structures and vocabulary.
No previous studies or skills required.

Assessment criteria and additional information available at <http://opinto-opas-ops.metropolia.fi/index.php/en/tarjontakorit/en/O20134>

XXUNDEFINED International Week: Creative wellbeing, 2 ECTS

Every spring we offer an opportunity for international experiences within our own context. The international week is both multi-professional and degree specific. This year our theme for the international week is Creative wellbeing. Students taking this course will take part in lectures and workshops and complete a task from the perspective of Creative wellbeing.

2. *Innovation Project Studies 1 and 2 (10 ECTS)*

XX00AC55 Innovation Project Studies, 10 ECTS

Innovative project work conducted in co-operation with working life and carried out in a multi-professional teams.

Content of studies:

- Basics of project and innovation work: innovation, planning, implementation, evaluation, communication, publication, productization and marketing.
- Cooperation skills, working with interest groups and networks.
- Innovative work methods.
- Areas of collaborative development competence: development processes, coordination of development and its management, modification of development models.

Additional information available at:

<https://wiki.metropolia.fi/display/fysioterapia/Innovation+project+studies>

3. Professional development in occupational therapy (15 ECTS)

XX00AC51 Professional English, 3 ECTS

The students will acquire operational skills in English, with which they will study and act efficiently in their own professional field and will also develop their professional competence. The oral and written communication skills are the minimum of B2 defined by European framework for languages.

The students will communicate in a natural way in both oral and written communicative situations of the field. They are able to take the special features into account provided by different situations and various cultural and linguistic starting points. The students can acquire, process, and mediate specific information in their own field both orally and in writing using different sources.

During the studies, the students will form both a positive and a realistic view of their linguistic and communicative competence as well as the ability and the motivation to develop their communication skills.

The course content will be tailored according to each degree programme or line of specialization. The contents are related to the following themes.

Each field, however, has specific oral and written exercises.

- self-assessing the language and communication skills and developing learning strategies
- education and career
- organizations, work environments, assignments, processes and instruments
- key interactive communication situations: individual and group communications
- professional texts, documents, and terminology: seeking, processing, and producing information.

SG00AA20 WORK PLACEMENT 3: Assessment and promotion of occupational performance and participation, 12 ECTS

Students plan and implement individual and group therapy processes. Students assess factors contributing to the occupational performance and participation of clients and the group and adjust their own actions as required. Students assess individual clients' occupation in groups and networks. They make use of assessment information in planning and instruction of occupational therapy. Students apply information in group situations and work in multidisciplinary teams. They adjust their own way of instructing and consultancy as required. Students document group processes. They make use of supervision and adjust their own way of instructing the group as required.

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