



International Semester for Incoming Exchange Students

Pilot Programme for Bachelor Degree Programme Physiotherapy

Programme - Spring Semester 2014

The International semester starts with an orientation from 29 to 31 of January 2014 and ends with a closing / feedback session from 26 to 27 of May 2014.

Studies

- 1. Working internationally at Helsinki Metropolia UAS (5 ECTS)**
 - a. Finnish for exchange students (3 ECTS)
 - b. International week: Creative Wellbeing (2 ECTS)
- 2. Innovation project studies (10 ECTS)**
- 3. Professional development in physiotherapy (15 ECTS)**
 - c. Functional assessment in physiotherapy (3 ECTS)
 - d. Work placement 3 (12 ECTS)

Language of instruction

English

Enrolment

Application for incoming exchange students at www.metropolia.fi/exchange

Application period from 15 September to 1 November 2013

Fees

No tuition fees for the partner university students

Information

www.metropolia.fi/exchange

Contact:

Tiina Karihtala, Lecturer in DP in Physiotherapy email: tiina.karihtala@metropolia.fi

Eija Tamminen, International Coordinator email: eija.tamminen@metropolia.fi

Physiotherapy in Campus Vanha vierotie 23, 00350 Helsinki

International Semester - Physiotherapy

Course descriptions

1. Working internationally at Helsinki Metropolia UAS (5 ECTS)

XXXAB02 Finnish for Exchange Students, 3 ECTS

On completion of the course, the students are able to identify and use common Finnish words and grammatical structures, and cope in simple conversations in Finnish. They will also be familiar with features of Finnish culture. Content: Finnish pronunciation, everyday conversations, basic structures and vocabulary. No previous studies or skills required.

XXUNDEFINED International Week: Creative Wellbeing, 2 ECTS

Every spring we offer an opportunity for international experiences within our own context. The international week is both multi-professional and degree specific. This year our theme for the international week is Creative wellbeing. Students taking this course will take part in lectures and workshops and complete a task from the perspective of Creative wellbeing.

2. Innovation Project Studies 1 & 2 (10 ECTS)

XX00AC55 Innovation Project Studies, 10 ECTS

Innovative project work conducted in co-operation with working life and carried out in a multi-professional teams. Content of studies:

- Basics of project and innovation work: innovation, planning, implementation, evaluation, communication, publication, productization and marketing.
- Cooperation skills, working with interest groups and networks.
- Innovative work methods.
- Areas of collaborative development competence: development processes, coordination of development and its management, modification of development models.

Additional information available at:

<https://wiki.metropolia.fi/display/fysioterapia/Innovation+project+studies>

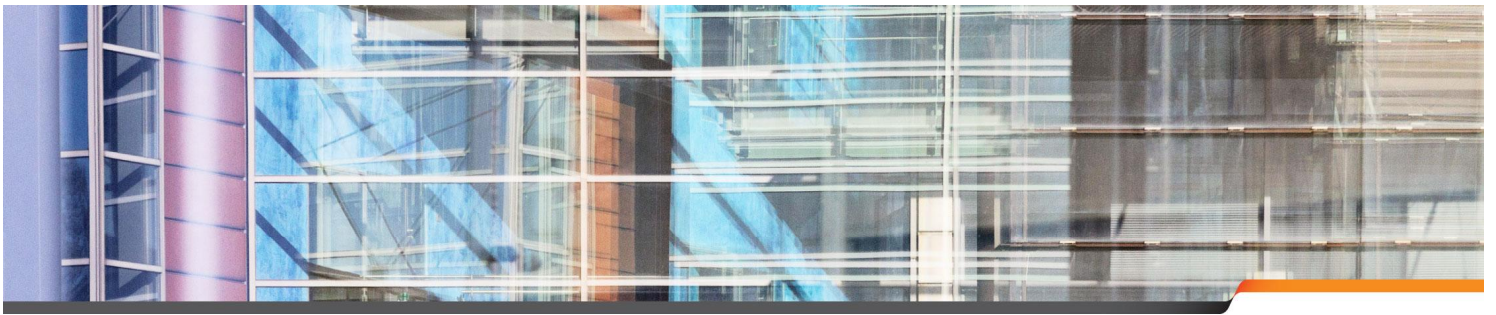
3. Professional development in physiotherapy (15 ECTS)

SF00AA11-3001 Functional assessment in physiotherapy, 3 ECTS

- Health-related fitness test battery
- Measurement and assessment of cardiorespiratory fitness
- Introduction to motion laboratory

XXUNDEFINED WORK PLACEMENT in Physiotherapy, 12 ECTS

Work placements may be implemented in various areas of the social and health care sector. For example, at hospitals and health care centres; rehabilitation centres; occupational health care; public health, physical education or disability organisations; or old people's homes and day care centres.



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